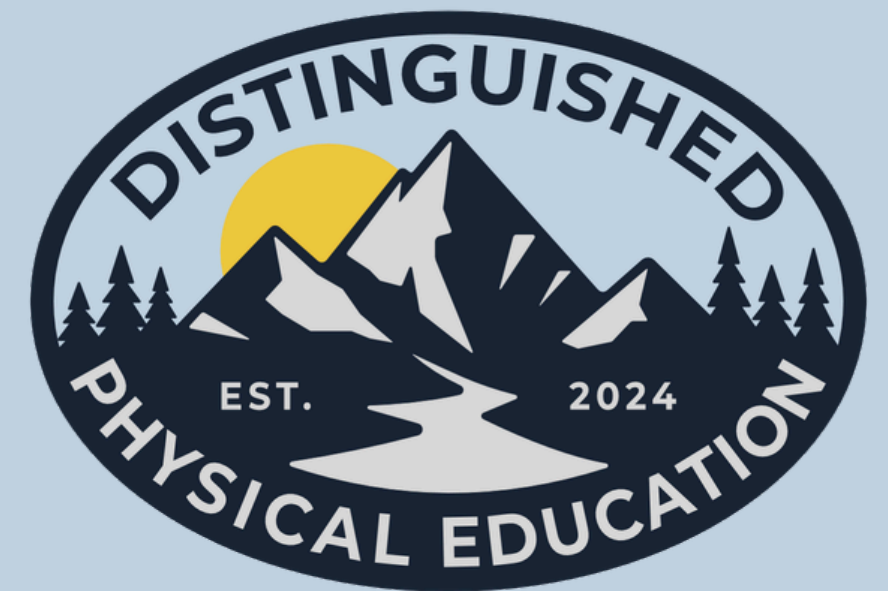


# DISTINGUISHED PHYSICAL EDUCATION CURRICULUM

K-5

[www.distinguishedpe.com](http://www.distinguishedpe.com)



# Distinguished Physical Education Curriculum K-5

Introduction &  
Implementation Guide

# K-5 Curriculum Map

1

Establishing a Safe Learning Environment and Demonstrating Respectful Behavior

2

Building an Inclusive Community

3

Positive Social Interactions Through Locomotor Movements

4

Making Safe Choices While Chasing, Fleeing, and Dodging

5

Sending and Receiving and Responding to Success Respectfully

6

Continuous Control and Responding to Challenges

7

Striking with Hands and Implements

8

Jumping Rope

9

Soccer

10

Basketball

11

Hockey

12

Preparing for a Successful Field Day

# Unit #12 (K-2): Preparing for a Successful Field Day

1

Responding to Directions

Clipboard Guide

Preparation Guide

2

Making Fair Choices

Clipboard Guide

Rubrics

# Unit #12 (3-5): Preparing for a Successful Field Day

1

Demonstrating Safe Behaviors

Clipboard Guide

Preparation Guide

2

Fair Choices and Etiquette

Clipboard Guide

Rubrics